

PIRQA CLIMBING EVALUATION FORM

Date: _____

First and last names: _____ Age: _____

ID: _____ Previous climbing experience: _____

Modality	Description	Qualifies		Observations
		YES	NO	
Both	Figure Eight knot			Passed it correctly, tied it correctly, left minimum 10 centimeters of tail.
Both	Harness setup			Proper use, right position, tightened and closed it correctly.
Both	Use of belaying devices			Knows different types and parts of belay devices and correctly places it on the belay loop and locks the carabiner. Handles the device correctly.
Both	Descent technique			Legs at 90 degrees against the wall. Walks slowly and frees hands from the rope in order to balance.
TOP ROPE	Belaying			Rope threaded through correctly, never releases the brake hand, moderate tension, always attentive. Soft descent. Maximum distance of 1.5 meters from the wall.
TOP ROPE	Climbing technique			Rope between hands. Is aware of his/her and other's safety, does not remove rope from the locking carabiner(s) above. Clips and unclips the carabiners on overhangs.
TOP ROPE	Fall technique			Falls in a controlled way, controls his/her fear.
BOULDER	Fall technique			Careful with feet and ankles, always on the mat, demands to be spotted, bends his/her knees when falling.
BOULDER	Spotting technique			Catches the climber's fall, is an always attentive, fingers together, catches climber at the waist, is attentive to head and back. Watches out for edges and exposed moves.
LEAD	Belaying			Never releases the brake hand, attentive to climbing partner, gives measured amount of rope, belays quickly, moves to and from the wall according to rope position and leaves the right amount of rope for a dynamic fall. Maximum distance of 1.5 meters from the wall.
LEAD	Climbing technique			The rope is never behind legs, clips in the right position and first clips are clipped when at the height of clips. Demonstrates good Judgment.
LEAD	Clipping			Rope comes from the wall towards the climber. He/she pulls from the harness and does not pull excessive amounts of rope. Asks the belayer for rope when needed.
LEAD	Fall technique			Falls in a controlled way pushing away from the wall, puts his/her feet forward for protection, is aware of and careful with risky falls.

The climber has qualified for:

- ___ BEGINNER license
- ___ ADVANCED license
- ___ Did not obtain license

Recommendations : _____

Instructor: _____

Client: _____

Nombre : _____

IMPORTANT INFORMATION

- **Read the rules.**
- The fixed ropes for top rope can't be changed location or brought down.
- In order to climb on **TOP ROPE**, the rope must always be passed through the central locking carabiner on the chain and also through the lateral quickdraw. The central carabiner must be locked.
- The belayer must stand **maximum 1.5 meters from the wall**, between the white line and the wall.
- **It is forbidden to climb above the red line without being tied into a rope.**
- When **belaying on lead**, you must keep the rope tighter during the first 4 clips in order to avoid a ground fall.
- **While on lead, clip the first 4 quickdraws when the clip is at the height of your waist.**
- In PIRQA, we have dynamic and static ropes. **Only the dynamic ones can be used to climb on lead.**
- **On TOP ROPE**, the rope must be tight during the first 4 clips, there exists a risk of a ground fall because of rope elongation.
- The static ropes are used for top rope ONLY. Always keep the rope tight.
- Be attentive while clipping your first quickdraw when on lead, we recommend using all the holds to prevent a ground fall.
- Only use the figure 8 knot to tie in.
- **ALWAYS review your partner and make sure he/she revises you to ensure the knot is correctly tied and the**

belay device is being correctly used. Your and his/her safety is your responsibility.

- Beginner license: only allows top rope and boulder.
- Advanced license: allows lead, top rope and boulder.
- **Do not skip clips when on lead.**

If a climber wants to climb on lead on a route that has a dynamic or static rope installed, he must push it to one side without removing it. The license system of PIRQA serves to maximize safety and is a requirement for climbing independently within the gym. The license must ALWAYS be visible on the harness.

This evaluation aims to determine the level of the climber's knowledge and to explain PIRQA's regulations.

While climbing on TOP ROPE it is necessary that the rope used is passed through at least two points at the top, that is, the central locking carabiner of the anchor system, and one of the quickdraws next to the chain. This is to ensure the safety of the main anchoring point.

While belaying, always keep your break hand on the rope and in a downright position, regardless of the type of belay-device used.

Climbing on lead involves greater risks and responsibilities for both the belayer and the climber. While climbing on lead, avoid dangerous falls by always being conscious of the proximity to the ground and to the proximity with other climbers on adjacent lines. Also, be aware of climbing holds and volumes that could cause injuries in the event of a fall. As a belayer, you must avoid giving too much rope and ALWAYS BE ATTENTIVE, monitoring your climber's clipping technique, leg position in regards to the rope (avoid backstepping), distance between the quickdraws, etc.

Your safety is our first priority; you must help us accomplish this goal!